## Quit Doc Research & Education Foundation Tobacco Free Partnership of Highlands County Florida Hospital Heartland Division August 14, 2013

**Attendees: See sign-in sheet** 

TOPIC	DISCUSSION	ACTION ITEMS
Call to order	Patrice called the meeting to order at 11am	None at this time
Approval meeting minutes/	Motion to approve both November minutes by Deb Garrison and seconded by Holly Parker.	M/S/C
Discussions	<ul> <li>Patrice opened the meeting by handing out copies of the ByLaw Addendum. Patrice explained and members reviewed. Organizations and names were added to the Advisory Council as: Drug Free Highlands – Aisha Alayande and Brittany Lauren; Tri County Human Services – Jackie Rawlings; Healthy Start Coaliton – Holly Parker; Dept. of Health – Deb Garrison; Balance, Lives in Transition – Anthony Lopez; Consumer/Parent – Greg Smilth; SWAT – two student members Motion was made by Anthony Lopez to accept the organizationa and names as listed. Greg Smith seconded the motion. No further discuss. Members voted and motion was accepted</li> </ul>	M/S/C
Guest Speaker	Rick Bender gave a presentation entitled "Spit Tobacco". This was his personal story as well as educational information. Some of the highlites of the presentation/power point were:  • Ads target youth  • 90% of current users first tried by age 12  • Use by females is increasing  • The rate of nicotine in one can equals 3-4 packs of cigarettes  • 28 carcinaginins in each can  His information can be found on the Quit Doc facebook or nosuff.com website. He also answered questions from members and is willing to do presentation throughout Highlands County.	
Adjourn	The meeting was adjourned at 12:12pm. The next meeting will be October 9, 2013 at 10:45am at same location.	

Respectfully Submitted,

Jackie Rawlings